



Conquesta 2019

(International Multiple Choice Primary School Olympiads – Est. 1998)
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Creative Arts – Grade 8

Welcome to your Conquesta Olympiad. When you have decided which of the answers is correct, scratch out the letter in the matching square on your answer sheet. Example:- If the answer to question 4 is c, then scratch out the letter c in the square containing c next to the number 4 (see example 1 below). If you've made a mistake and b should have been the answer, neatly cross out the mistake and then scratch out b (see example 2 below).

Example 1:-

4.	a	b	c	d
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 Example 2:-

4.	a	b	c	d
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Section A – Dance



- Some of the most popular dance forms in South Africa are African dance, classical ballet and contemporary dance. Which one of the following is also a popular dance form in South Africa?
 (a) Hip-hop. (b) Capoeira. (c) Butterfly stroke. (d) Polka.
- Dancers greet their dance teacher at the beginning and end of a practice. Dancers greet because
 (a) it is important for the dance teacher to notice you.
 (b) greeting is a form of reverence or respect for the dance teacher.
 (c) greeting warms up your vocal cords.
 (d) None of the above.



- Ballet dancers 'curtsy' at the end of a practice to thank and greet the teacher. A 'curtsy' is
 (a) an elegant wave of the hand.
 (b) a bow to the ballet teacher slightly bending the knees and looking down.
 (c) saying 'au revoir' which means 'goodbye' in French.
 (d) leaping through the air (called a 'grand jetté') and landing elegantly outside the dance studio door or stage area.
- Warming up before any dance is important. Which of the following is not a reason why it is important?
 (a) Warming up and stretching before the performance shows the dance teacher how supple you already are and that you don't need to practice that day.
 (b) Warming up prevents injuries.
 (c) Warming up improves the flexibility of the muscles.
 (d) Warming up improves oxygen intake and concentration during the dance.



- It is vital for dancers to have good posture. What does the term 'posture' refer to?
 (a) The skill to become popular by posting your dance videos to social media.
 (b) The ability to momentarily freeze during a dance and continue in time.
 (c) To pose a question by using props and exaggerated dance movements.
 (d) The healthy position in which dancers are trained to hold their bodies upright.
- Which of the following dance movements has the slowest tempo?
 (a) Cool down stretching. (b) Skipping. (c) Tapping. (d) Galloping.

- What is the main responsibility of the dance choreographer?
 (a) To select, create, record and teach dance steps and sequences for a dance.
 (b) To sell tickets for a dance performance.
 (c) To play the piano in a ballet dance studio.
 (d) To dance the solo.
- Turning in one place is a movement used in some dances. To prevent the dancers from becoming dizzy while turning, they focus their eyes on one spot. This technique is called
 (a) disorientation. (b) spotting.
 (c) composition. (d) 'Fake it till you make it'.

- What is the term we use to describe a dance that you did not practice much, and generally made-up just before, or as you performed it?
 (a) Cha cha. (b) Fantasy dance.
 (c) Lyrics lead dance. (d) Improvised dance.
- Which pace would be most appropriate for a dance symbolizing running?
 (a) Double time.
 (b) Slow motion.
 (c) Freezing.
 (d) None of the above.

